

Client Information/Health Intake Form

Full Name: _____ Date of birth _____

Address: _____ Email: _____

City/St: _____ Zip: _____ Occupation: _____

Cell Phone: _____ How did you hear about me? _____

Emergency Contact Name/number: _____

Have you ever received professional massage? _____ How frequently? _____

What type of pressure do you prefer? Light _____ Medium _____ Deep _____

Are there any areas you would like to be avoided? _____

Any known allergies? _____

Please list any accidents and/or surgeries in the past five years _____

Please list any medications, herbs, or supplements you are currently taking: _____

Please check any of the following that apply to you now or in the past:

- | | | | |
|---|---|--|---|
| <input type="checkbox"/> Fibromyalgia | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Sciatica | <input type="checkbox"/> Heart Attack |
| <input type="checkbox"/> headache/migraines | <input type="checkbox"/> Osteoporosis | <input type="checkbox"/> Plantar Fasciitis | <input type="checkbox"/> Numbness/tingling |
| <input type="checkbox"/> Carpal Tunnel | <input type="checkbox"/> Rheumatoid Arthritis | <input type="checkbox"/> Gout | <input type="checkbox"/> Physical/Emotional Abuse |
| <input type="checkbox"/> TMJ | <input type="checkbox"/> Bursitis | <input type="checkbox"/> Cancer | <input type="checkbox"/> Low Blood Pressure |
| <input type="checkbox"/> HBP | <input type="checkbox"/> Blood Clots | <input type="checkbox"/> Pregnant | <input type="checkbox"/> PMS |
| <input type="checkbox"/> Hepatitis | <input type="checkbox"/> HIV/AIDS | <input type="checkbox"/> Rashes | <input type="checkbox"/> Insomnia |

I understand that massage services are designed to be a health aid and in no way takes the place of a doctor's aid when indicated. Any information exchanged during a massage session is considered educational in nature and is intended to help you become more conscious of your health. I further understand that massage/bodywork should not be construed as a substitute for medical examination, diagnosis, or treatment and that I should see a qualified medical specialist for any ailment of which I am aware. I understand that massage therapists are NOT qualified to diagnose and nothing said in the course of treatment should be construed as such. I affirm that all known medical conditions are listed and all questions were answered honestly. I agree to keep the therapist updated as to any changes in medical history or otherwise, and understand that there shall be no liability on the therapists part should I fail to disclose any new information. I also understand that any illicit or sexually suggestive behavior or remarks shall result in termination of the session and I am liable for full payment due for scheduled appointment.

Cancelations require a 24 hour notice with the exception of emergencies. Same day cancelations/no shows are liable for the full amount of scheduled appointment.

Please check here indicating you have read and agree to this policy

Signature _____ Date: _____

(Parent signature is required for minors)